

Integrated care for older people

Guidelines on community-level interventions
to manage declines in intrinsic capacity

6 actions

to manage declines in
the intrinsic capacity
of older people



Improve musculoskeletal
function, mobility and vitality



Maintain older adults' capacity
to see and hear



Prevent severe cognitive impairment
and promote psychological well-being



Manage age-related conditions
such as urinary incontinence



Prevent falls



Support caregivers

Integrated care for older
people (ICOPE) – **the path** to
universal health coverage

Take action today